MIND OF GRANITE

# Seven questions that tell you whether you are deciding or just re-opening the file

Answer these in ten minutes. Write in the boxes. If most of your answers are blank or vague, you are not deciding yet. You are re-reading the same file.

**1** **Can you name the leave option in one sentence, with something concrete attached?**

"Leaving" is not an option. A named role or a plan with a start date is. Without one you are comparing a real job to a mood.

**2** **What would have to be true for staying to be the right answer?**

If you cannot finish that sentence, you are not weighing two options. You are arguing with one.

**3** **Have you written down what matters to you, before looking at any numbers?**

Criteria written after the numbers have a habit of agreeing with the numbers.

☐ Yes ☐ No

**4** **Could you get a job at this level again within a year if it went badly?**

A door you can walk back through needs less certainty than one you cannot.

☐ Yes ☐ No

**5** **When did you last change your mind about this, and what changed outside you?**

If nothing outside you moved, the loop is running on mood, not on information.

**6** **Who has told you something you did not want to hear about this?**

A decision reviewed only inside your own head keeps returning the same result.

**7** **What is the date by which you will have decided?**

A decision without a date is a subscription. It renews every Sunday night.

Write a real date, not "soon".

The full Exit Test takes you from these seven answers to a dated decision.